

## FACIAL THERAPY

### IMMORTELLE DIVINE SECRET

This ultimate anti-aging facial combines the regenerating power of organic immortelle essential oil with myrtle essential oil to boost cellular renewal and youthful skin. The result is divine.

90 minutes \$195

### REINE BLANCHE WHITE PERFECTION

Combat the effects of time and sun exposure to reveal a bright, luminous complexion. To correct and prevent the appearance of dark spots, immortelle essential oil is combined with a formula enriched with Bellis perennis.

90 minutes \$180

### IMMORTELLE SECRET OF YOUTH

From the L'OCCITANE plantations in Corsica comes a treatment rich in organic immortelle essential oil to stimulate cell renewal and collagen synthesis. The treatment improves micro-circulation and relieves the muscular tension responsible for fine lines.

60 minutes \$145

### SHEA NOURISHING COMFORT

Shea butter repairs, moisturises and restores balance to dry or overworked skin. A facial massage further heightens these properties and stimulates micro-circulation.

60 minutes \$145

### CUSTOMISED FACIAL

Products and techniques are personalised throughout your treatment to suit your specific skin type and concerns.

60 minutes \$145

### CEDRAT VIVIFYING SKINCARE FOR MEN

This facial is designed to meet the specific needs of men's skin. The cedrat energising pulp and revitalising extract are captured in fresh, light textures to awaken tired complexions. This treatment leaves the skin mattified, moisturised and re-energised.

60 minutes \$145

### INSTANT BEAUTY FACIAL

This facial includes cleansing and exfoliation, followed by a face massage to stimulate micro-circulation and prepare skin before applying the treatment mask. All formulas are carefully chosen to meet your skin needs.

30 minutes \$85

## MASSAGE THERAPY

### RELAXING AROMACHOLOGIE MASSAGE

Soothing effleurage strokes are combined with essential oils of lavender, sweet orange and mandarin to stimulate circulation and ease tension. This massage ensures complete relaxation of the body and mind to create true peace and calm.

60 minutes \$135

### LAVENDER MASSAGE

Calming lavender and traditional massage techniques come together to ease muscular tension and bring tranquility to the mind. Stress and anxiety fade away to achieve serenity.

60 minutes \$145

### ALMOND DETOXIFYING BALANCE

Inspired by lymphatic-drainage massage techniques, this gentle massage boosts circulation and leaves your skin feeling deeply nourished. This massage assists with fluid retention and toxin removal. Available to female clients only.

60 minutes \$145

### PREGNANCY MASSAGE

This soothing relaxation massage is customised to your pregnancy, with a pregnancy insert for you to lay comfortably throughout. It is recommended to avoid massage in the first trimester. Our therapists can advise appropriate treatments to suit your needs.

30 minutes \$85 | 45 minutes \$115 | 60 minutes \$135

### HOT STONE MASSAGE

This massage comforts, de-stresses and melts muscle tension with the combination of smooth, warm stones and L'OCCITANE Aromachologie essential oils.

90 minutes \$195

### DEEP TISSUE INTENSE RELIEF

A deep tissue massage and revitalising essential oils ease muscular tension. This treatment can be tailored to focus on specific areas of concern and is perfect for those who prefer a firm massage.

30 minutes \$90 | 60 minutes \$145 | 90 minutes \$200

### BACK AND SHOULDERS MASSAGE

An instant relaxing treat to release tensions located in the shoulders and back area.

30 minutes | relaxation \$85 | deep tissue \$90

### SHEA FABULOUS MASSAGE

This complete body massage combines slow, soothing massage techniques with the fabulous properties of shea butter. All at once, the skin is transformed and the body is deeply soothed.

90 minutes \$190

## BODY WRAPS

### ALMOND RESHAPING BODY WRAP

This reshaping body wrap uses almond tree bud extract, which is rich in flavonoids and almond proteins, to drain excess fluid, firm the skin and redefine body contours. A relaxing foot and scalp massage promotes a feeling of complete wellness.

45 minutes \$120

### SHEA ULTRA RICH SOFTENING BODY WRAP

Repairing care for dry, sun-damaged or overworked skin. While the entire body soaks up ingredients that nourish, moisturise and soften, a foot and scalp massage completes your journey to relaxation.

45 minutes \$120

## BODY SCRUBS

### ALMOND FIRING BODY SCRUB

A delicious texture of almond butter and delicately fragranced almond oil, infused with crushed almond shells and sugar crystals, offers a gentle and effective exfoliation of the entire body.

45 minutes \$115

### SHEA NOURISHING BODY SCRUB

Enriched with shea butter, apricot oil and finely ground nutshells, this rich, creamy scrub offers gentle and effective exfoliation leaving your skin velvety smooth.

45 minutes \$115

## TREATMENT ENHANCERS

Before, during or after a treatment, discover some additional pleasures created to enhance your spa treatment.

### HEAD MASSAGE

15 minutes \$30

### LEAVE-IN REPAIRING HAIR TREATMENT

15 minutes \$40

### FACE MASSAGE

15 minutes \$40

### THERAPEUTIC FOOT MASSAGE

15 minutes \$30

### BODY BRUSHING

15 minutes \$30

## NAIL CARE

Treatments for hands and feet include nail shaping, cuticle care, exfoliation, massage, treatment mask, head massage and OPI nail lacquer application.

### SPA MANICURE

60 minutes \$100

### SPA PEDICURE

60 minutes \$110

Gel colour removal, application, or French finish are available at an additional charge. Please enquire at time of booking to ensure appropriate time is allowed.

## WAXING AND TINTING

Price on application.

## HYDROTHERAPIES

Chahoya Spa's Signature Vichy shower treatments allow water to flow over you from seven adjustable shower heads positioned along the length of your body, bringing a sense of nurturing and balance. This water massage releases muscle tension, increases circulation and waste elimination, and soothes the mind and the nervous system. The hydrotherapies are also available to be enjoyed as a couple in our twin Vichy room.

### REJUVENATING RAIN SHOWER

Combine the benefits of shea butter and exfoliation with a lukewarm cascade shower to gently relieve stress and reveal fresh, glowing skin. Tension is relieved and your skin is left feeling refreshed and smooth.

60 minutes \$150

### REPLENISHING VICHY RAIN

Experience complete serenity as you enjoy a body scrub and wrap, followed by a head and foot massage. The Vichy shower will provide relief and reinvigoration for tired muscles and your treatment is completed with moisturiser application to compliment your refreshed skin.

90 Minutes \$250

### SUMMER RAIN WELLBEING HEAD TO TOE PACKAGE

Our ultimate pampering experience: treatment from head-to-toe. The treatment includes a full body relaxation massage, body scrub and wrap. Enjoy a hair treatment under the lukewarm cascade shower that gently activates the seven chakras, which are key energy centres in Asian traditions. You will leave the Spa feeling relaxed, refreshed and invigorated.

150 minutes \$320

### TREATMENT ENHANCER

A flowing body and head massage underneath the running Vichy shower. This treatment is recommended as an add on to your massage, scrub or wrap.

20 minutes \$80

## TREATMENT SETS

### PURIFYING TREATMENT FOR THE BACK

A relaxing back massage followed by an exfoliation and a mask to leave your skin nourished, renewed and refreshed.

60 minutes \$145

### JOURNEY TO PROVENCE

Enjoy a full body massage followed by a customised facial to leave your skin glowing. This treatment experience will bring you to a complete level of relaxation and leave your body and mind refreshed.

120 minutes \$260

### MEDITERRANEAN VOYAGE

Begin with a nourishing shea body scrub to smooth the skin. The experience continues with our Relaxing Aromachologie Massage. As a result, your body is left feeling satin soft.

90 minutes \$210

## CHAHOYA SPA TREATMENTS

### CHAHOYA DREAMTIME

L'Occitane shea products infused with locally sourced Kakadu Plum invigorate and replenish the skin during your body exfoliation and wrap. After tension is melted away with a head and foot massage, your treatment is completed with a full body relaxation massage.

120 minutes \$290

### THE CHAHOYA EXPERIENCE

Your treatment begins with a body scrub and wrap infused with Kakadu Plum, followed by a cascading Vichy shower and head massage. A full body relaxation massage to ease tension is complemented by a customised facial that is tailored to suit your skin concerns. Following on from this, lunch is delivered to the Spa or enjoyed by the pool. The indulgence continues with an express manicure and our luxurious spa pedicure.

This treatment can also be enjoyed as a couple.

5 hours + Lunch \$650

### PERSONALISED SIGNATURE TREATMENT

If you would like to combine any of the treatments on our menu for a personalised experience our staff would be delighted to advise you on your treatment options.

## SPA ETIQUETTE

### DUTY OF CARE

Your therapist will ensure your modesty is maintained at all times and will provide you with disposable underwear, slippers or robe when required. We politely request that underwear be worn at all times. In the interest of the health and safety of our guests and therapists, we reserve the right to refuse treatment in the case of infectious conditions, sickness or contagious illnesses. If you are unsure, please enquire at the time of booking.

### ARRIVAL

We ask that you arrive 15 minutes prior to your treatment start time. This allows adequate time for check in and consultation with your therapist before your treatment time starts. We may not be able to perform your full treatment should you arrive late. If you are late for your appointment and we are unable to contact you, your treatment time may be made available to others. Please assist us in maintaining our tranquil environment by ensuring your electronic devices are turned to silent before arrival.

### CANCELLATION POLICY

The treatment room and time with your therapist has been reserved especially for you. If your plans do change, we request the courtesy of 24 hours' notice to cancel or amend your appointment. Without due notice a 50% cancellation fee may be charged if we are unable to fill your appointment.

### ADULTS ONLY SANCTUARY

Chahoya Spa by L'OCCITANE is an adults only sanctuary. Children 16 years and under are not permitted.

### GIFT VOUCHERS

Gift a spa experience at Chahoya Spa by L'OCCITANE. Choose a treatment available on the spa menu or purchase a voucher of a nominated value.

Chahoya  
SPA  
by L'OCCITANE

Chahoya Spa by L'OCCITANE, Cable Beach Club Resort & Spa  
1 Cable Beach Road, Cable Beach, WA, 6725 T (08) 9192 0440  
E [dayspa@cablebeachclub.com](mailto:dayspa@cablebeachclub.com) W [cablebeachclub.com/chahoya-spa](http://cablebeachclub.com/chahoya-spa)

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